Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Year entered into Program: \_\_\_\_\_\_\_\_\_\_\_\_\_ Advisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Professional/Career Objective** (e.g. position within Academia, Industry, Government, Other-specify)

|  |  |
| --- | --- |
| *1st Choice* |  |
| *2nd Choice* |  |

**Training Skills Assessment**

Please list the graduate student’s skill strengths and ones that require improvement in the graduate student defined areas of training to help the individual reach the desired career objective. This portion is to be completed by the graduate student and mentors. Suggested Areas of Training are: Communication, Teaching, Research Activities, Research Productivity, Professional Development and Other.

|  |  |  |
| --- | --- | --- |
|  | *Strong Skills (In Each Area of Training)* | *Skills to Develop (In Each Area of Training)* |
| *Graduate Student Self-Assessment of Skills* |  |  |
| *Advisor*  *Input on*  *Graduate Student Skills Assessment* |  |  |

**Annual Plan**

The graduate student will work with mentors to create goals and specific action steps to address and gain the skills necessary for the anticipated career. This plan will be updated and revised each year, when the graduate student will assess each goal: if it was met, still in progress or needs revision. Suggested Areas of Training are: Communication, Teaching, Research Activities, Research Productivity, Professional Development and Other

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 1:* **Communication** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 2:* **Teaching** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 3:* **Research Activity** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 4:* **Research Productivity** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 5:* **Professional Development** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 6:* **Other: Please list below** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 7:* **Other: Please list below** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

|  |  |  |  |
| --- | --- | --- | --- |
| *Goal 8*: **Other: Please list below** | *Action Step* | *Frequency (i.e. weekly)* | *Target Completion Date* |
|  |  |  |  |

Date: \_\_\_Met Goal \_\_\_ In Progress \_\_\_ Needs Revision

**5 Year Plan Overview**

As an IDP is an overall plan for training at UC San Diego, it is important to evaluate training goals each year to help graduate students progress and build upon goals in successive years. In addition, certain goals for a career may need to be met on a timely basis. However, the length of training may not be 5 years for all, so use the number of years appropriate for the individual’s training period.

|  |
| --- |
| **Year 1 Goals** |
|  |
| **Year 2 Goals** |
|  |
| **Year 3 Goals** |
|  |
| **Year 4 Goals** |
|  |
| **Year 5 Goals** |
|  |