EXPERIENTIAL OPPORTUNITIES IN PUBLIC HEALTH

Come hear about how to get involved in Public Health outside of the classroom!

Opportunities presented will include:

- Research at UCSD
- Internships through Academic Internship Program (AIP)
- Internships/Jobs through Career Services using Handshake
- Health Policy experiences through UC Center Sacramento and the UCDC Programs
- Study Abroad through UCSD
- Faculty Mentor Program
- Academic Enrichment Programs
- Center for Student Involvement
- HMP3 Volunteer Experiences

January 22nd, 2020
11:00 - 1:00pm
Leichtag 107
Agenda

- **11:00 am – Welcome and Introductions**
  Ryan Raymond

- **11:05 am – HMP3**
  Nghi Dang

- **11:15 am – Center for Student Involvement**
  Catherine Lettieri

- **11:25 am – Health Beat, Career Services Handshake**
  Nadia Mei

- **11:35 am – Research (Real Portal, FMPH 198, FMPH 199, Public Health Research Day)**
  Maddy Noble

- **11:45 am – Faculty Mentor Program & Academic Enrichment Programs**
  Claire Kim

- **12:05 pm – AIP, UCDC, UCCS**
  Daniel Carrillo & Alexis Plazalola

- **12:25 pm – Study Abroad**
  Jim Galvin

- **12:35 pm – Questions**
Panelist: Nghi Dang
Who am I?

➢ Background
  ○ First generation, college student (my family immigrated to the U.S in 2001)
  ○ Senior B.S Public Health Candidate, UC San Diego
  ○ Studied Abroad in 12 countries, Semester at Sea Fall 2018

➢ Current Position
  ○ HMP3 Student Board, Founder and Co-Chair of the Health Outreach Program (HOP), former chair of the HOPE program
  ○ Lab Assistant for the Purcell Lab, Department of Pharmacology (participate in studies of PHLPP2 in hypertrophy and stroke)
HMP3

Introducing the Health and Medical Professions Preparation Program
Who are we?

➢ We are a student run pre-health organization that provides undergraduates with enriching experiences and opportunities to enhance their preparation for a career in health.
What we do?

HMP3 has 9 subcommittees; each with their own purpose/mission:

- **HPMP (Health Professionals Mentor Program)**
  - HPMP brings together UCSD undergraduate students with healthcare professionals (doctors, nurses, dentists, etc) for the purpose of establishing mentor-mentee relationships that help students gain a vital exposure to their career of interest.

- **HOPE (Health Opportunities Preparation & Empowerment)**
  - HOPE provide resources and networking opportunities for students particularly within underserved communities to pursue careers in the medical field.

- **SEARCH (Start the Education, Awareness, & Research in Careers of Health)**
  - SEARCH seeks to help students find their ideal career in healthcare by hosting events that highlight careers outside of the typical pre-health pathways.
What we do?

- **Service**
  - Service strives to increase student involvement with their community, and expose students to the various on and off campus service-related opportunities that are available to them.

- **PMP (Peer Mentor Program)**
  - PMP helps pre-health undergraduates navigate life at UCSD, both academically and socially, by creating meaningful connections between Mentees and experienced Mentors.

- **MEDTALKS**
  - MEDtalks strives to provide students with insights about the medical field as well as information regarding stress and burnout prevention.

- **Program**
  - Program assists with creating and planning events that help expose undergraduates to a wide variety of career opportunities in healthcare fields.
What we do?

- **MEDS CONFERENCE** (Medical Education for Diverse Students)
  - MEDS is a huge all-day conference at UC San Diego School of Medicine for pre-med, pre-pharmacy, and pre-health students. Participants attend hands-on patient simulation labs, workshops, and panels, which serve to encourage and educate students on their road to a career in healthcare.

- **HOP** (Health Outreach Program)
  - HOP nourish professional development for both UCSD undergraduates and Preuss high school students through volunteering, hands-on workshops, community outreach, leadership, and preparation to enter healthcare professions.

> Each subcommittee puts up between 1-3 events per quarter so there are a lot of ways to get involved with HMP3!!!
Upcoming events!

- Service Fair (PC East Ballroom): January 28th, 1-5pm
- Pre-Dental, Pre-Pharm, and Pre-Optometry Workshop (Preuss): January 28th, 1-2pm
- PMP Four-Year Planning Workshop (Bear Room): February 12th, 4-6pm
- Pre-Health Fair (PC East Ballroom): February 12th, 6-8pm
- SEARCH Speed Dating Mixer (PC Marshall Room): February 19th, 4-6pm
- MEDS Conference** (School of Medicine): February 22nd, 7am-7pm
- Pre-Physical Therapy, Pre-vet, and public health/global health Workshop (Preuss): February 25th, 1-2pm
Contact us/Get involved!

➢ Website: hmp3.ucsd.edu
➢ Sign up for our newsletter: https://docs.google.com/forms/d/e/1FAIpQ_LSePgs5R9F-AXgzamKqeY9ParIDU685Uh7nJqjDAkNP
➢ LSePgs5R9F-AXgzamKqeY9ParIDU685Uh7nJqjDAkNP
➢ NdLMCXg/viewform
➢ my email: npdang@ucsd.edu
The Community Health Project (CHP) is a long-term community-engaged learning opportunity for students interested in health and social justice. Intern with local nonprofits on issues like food insecurity, refugee acculturation, veterans', and women’s health.

**PROGRAM REQUIREMENTS**

- **Time Commitment**: 8+ hours per week at service site
- **Education & Reflection**: Orientation & weekly meetings
- **Sustained Service**: Academic year commitment
- **Serving the Community Needs**: Community needs come first

2020-2021 applications will be available in June, 2020. Go to [chp.ucsd.edu](http://chp.ucsd.edu) for more program information.
PRE-MED/PRE-HEALTH ADVISING
UC SAN DIEGO
WHERE TO START?
HEALTHBEAT.UCSD.EDU

SELECT YOUR PROFESSIONS

- MEDICINE
- DENTISTRY
- PHARMACY
- PHYSICIAN ASSISTANT
- OPTOMETRY
- PHYSICAL / OCCUPATIONAL THERAPY
- VETERINARY MEDICINE
- PUBLIC HEALTH
- NURSING

healthbeat.ucsd.edu
CONNECT WITH US ON INSTAGRAM

healthbeat_ucsd

Health Beat at UCSD
Education
Health Beat is the centralized pre-health advising and resource center at UC San Diego's Career Center.
Follow us on Facebook: @healthbeatucsd
healthbeat.ucsd.edu/
Followed by ucsdsha, ucsd_commons and 8 others

Following  Message  Email

Student Lea... Transfers! 2019 App C... Meet the Te... Our M
### Upcoming Events

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<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tr>
<td><strong>SEP 25</strong></td>
<td>Health Beat Open House</td>
<td>Horizon Room, Career Center</td>
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<tr>
<td><strong>OCT 8</strong></td>
<td>Pre-Health Transfer Transition Series Part I</td>
<td>Horizon Room</td>
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<tr>
<td><strong>OCT 9</strong></td>
<td>Pre-Health Transfer Transition Series Part I</td>
<td>Horizon Room</td>
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<tr>
<td><strong>OCT 12</strong></td>
<td>Mock MMI (multi-mini interview)</td>
<td>Horizon Room, Career Center</td>
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<td><strong>OCT 15</strong></td>
<td>Pre-Health Transfer Transition Series Part II</td>
<td>Horizon Room</td>
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<tr>
<td><strong>OCT 16</strong></td>
<td>Pre-Health Transfer Transition Series Part II</td>
<td>Horizon Room</td>
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<tr>
<td><strong>OCT 18</strong></td>
<td>Mock MMI (multi-mini interview) - repeat</td>
<td>Horizon Room, Career Center</td>
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<td><strong>NOV 7</strong></td>
<td>Fall Quarterly Conversations in Global Health</td>
<td>UC San Diego International ... La Jolla, CA</td>
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<td>Quick questions</td>
<td>Peer support</td>
<td>Professional Advisors</td>
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<td>• How do I get advising?</td>
<td>• What professor would you recommend?</td>
<td>• How can I find clinical experience?</td>
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PRE-HEALTH & PRE-MED ADVISING

We offer strategic one-on-one advising and planning for students interested in applying to any health professional school.

Quick Questions? Email us.
- Health Beat Advising
- Pre-Med Advice from Med Students (PAMS)
- Health Beat Student Council

DROP-IN ADVISING CALENDAR

Health Beat Drop-in Advising

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<tr>
<th>Time</th>
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<tr>
<td>10:00am</td>
<td>Lauren (CREP) Drop In Hours</td>
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<td>10:30am</td>
<td>Adele's Drop-ins</td>
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<tr>
<td>12:30pm</td>
<td>Mariela (CREP) drop in hours</td>
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<tr>
<td>1:00pm</td>
<td>Sahila's CREP Drop-in hours</td>
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<tr>
<td>10:00am</td>
<td>Enrika (CREP)</td>
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<tr>
<td>10:00am</td>
<td>Lauren (CREP) Drop In Hours</td>
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<tr>
<td>11:00am</td>
<td>Mariela (CREP) drop in hours</td>
</tr>
</tbody>
</table>

Events shown in time zone: Pacific Time - Los Angeles
Your one-stop shop for:
- Career fairs
- Jobs
- Internships
- Research
- Scheduling advising appointments and more!

ucsd.joinhandshake.com
Visit us:
career.ucsd.edu
healthbeat.ucsd.edu
healthbeat@ucsd.edu

Q & A

Jessica Kongthong, M.S.
Associate Director

Nadia Mei, M.A.
Associate Director
GETTING INVOLVED: RESEARCH

"Geez, you're the worst focus group I've ever seen."

http://ph.ucsd.edu/undergrad/past-workshops/index.html
E-cigarettes linked to lung problems, first long-term study on vaping finds

UC San Diego to Act as Hub for New Opioid Addiction Research Initiative

- **Reuters**, features Tarik Benmarhnia, PhD, “Immigrant workers in U.S. have tripled risk for heat-related death”


Ready For Your First Marathon? Training Can Cut Years Off Your Cardiovascular Age

January 12, 2020 - 7:00 AM ET

“New Program to Address Impaired Driving from Alcohol, Cannabis and Prescription Drugs,” features Linda Hill, MD, MPH

See also **The Medical News**
Research in Field of Public Health

"Public health is the science and practice of protecting and improving health through research, monitoring, prevention, education, disease control, sanitation, and advocacy."

UCSD Research Opportunities Related to Public Health

1) REAL PORTAL
   • Research Experience & Applied Learning (REAL) Portal

2) FMPH 199
   • Research Experience with FMPH Instructors

3) FMPH 198
   • Field Experience with FMPH Instructors/Staff

4) 6th Annual Public Health Research Day (Spring 2020)
   • Led by UCSD Institute of Public Health
Part of the Engaged Learning Tools Set (ELT)

Aim: to help students discover internships and other hands-on experiential learning opportunities

Database contains opportunities posted by UCSD faculty and staff as well as the following:
- Port Triton (Career Services Center)
- InternLink (Academic Internship Program, AIP)
- TritonsAbroad (Study Abroad, UC San Diego)
- Engineering Jobs/Internship Bulletin (JSOE)
- Global Health Experiences Database

http://real.ucsd.edu/
FMPH 199: Research in Lab Setting

- Course can fulfill UDE requirement within Public Health Major
- Learn how research is conducted through working with and assisting instructors with expertise in public health research
- Gain exposure to research and its methodology
- Connect and work with FMPH Professors and doctoral students on their research interests

http://ph.ucsd.edu/undergrad/beyond-classroom/research.html
1) Review FMPH 199 opportunities offered on the website
   -Take note of the requirements and responsibilities!

2) Identify instructor research/areas of study that are of interest to you

3) PubMed & Google Scholar are your friends

4) Express interest in research opportunity via email
   -Be specific!
   -Be enthusiastic!
   -Be cordial!
FMPH 198: Overview

FMPH 198: Field Experience

• Course can fulfill UDE requirement within Public Health Major

• Focus is on providing “hands on” experience in the field

• In addition to research exposure, opportunities can include:
  • Shadowing MDs/Medical Scribing
  • Reviewing images captured by the Vicon Revue to “tag” specific activities and behaviors related to health.
  • Organizing public health-related seminars/events
  • Evaluating public health programs

• Connect and work with FMPH Staff/Professors on their public health related projects

http://ph.ucsd.edu/undergrad/beyond-classroom/experiential.html
Application for Preuss School UCSD - FMPH 198: Directed Group Study: Winter 2020 (2 units)

FMPH 198: Directed Group Study - The Preuss School

The Preuss School site focuses on health promotion programs for Preuss students and their families. Preuss students come from low-income families and strive to be the first in their family to obtain a college degree. BSPH students will gain experience and skills in collaborative planning, health promotion communication, and intervention development, implementation, and evaluation.

Students can participate Winter Quarter for 2 units. The course is graded on P/NP. Students with Spanish-speaking skills are especially sought.

This is the required application for all students interested in applying for the FMPH 198 Preuss School. To be eligible to apply, BSPH students must:

1. Have successfully completed FMPH 40
2. Have a cumulative GPA of 2.5 or higher
3. Be available Fridays from 9am - 11am
4. Participate in an interview with Dr. Munoz November 15th - November 19th
5. Submit this application, along with e-mailing your resume or curriculum vitae to the Public Health Office (publichealth@ucsd.edu), by Tuesday, November 5th, 2019 by 11:59 pm

Note: You will be notified of acceptance before November 25th, 2019. If accepted, students will need to complete an online training module for California mandated reporters and abuse risk management, attend an orientation at the Preuss School, submit copy of government issued I.D., and submit copy of TB test results before January 10th, 2020.

* Required

http://ph.ucsd.edu/undergrad/beyond-classroom/experiential.html
Please SAVE THE DATE for the 6th Annual Public Health Research Day: April 8, 2020

As in years past, there will be 100+ public health research posters presented by a variety of multi-disciplinary students, faculty and staff, as well as a visionary public health speaker!

2019 Plenary Speaker Ross Benjamin, PhD, Professor in the Division of Public Health Sciences and Siteman Cancer Center, Washington University School of Medicine at Washington University St. Louis, and Director of the Prevention Research Center in St. Louis (left) and Michael Pestl, MD, MPH, MSPE, Director of the Institute for Public Health (right).

Public Health Research Day

The UC San Diego Institute for Public Health Building bridges across UC San Diego to advance public health research and practice.
Internships and Fellowships

Internships and fellowships are great opportunities for students to further their public health knowledge beyond the classroom. In the BSPH Program, students are encouraged to get involved in internship experiences throughout their undergraduate program.

There are several resources provided for students interested in pursuing such opportunities at UCSD, including the Academic Internship Program and REAL Portal. Check out Beyond the Classroom for information on these various options.

- Collapse All

**Internships**

Internship Opportunities at UCSD:
- For internship opportunities at UCSD, visit Beyond the Classroom

Internship Opportunities outside of UCSD:
- Project Horsehoe Internships
- Pathways Undergraduate Researchers at Fred Hutchinson Center
- Immigration and Border Community – Research Experience for Undergraduates
- The Vanderbilt Program for LGBTQ Health
- Short-Term Research Experience for Underrepresented Persons (STEP-UP)
- US Department of Energy Science Undergraduate Laboratory Internship (SULI) program
- Washington University Institute for Public Health Summer Research Program
- Pasteur Foundation Undergraduate Internship Program
- Harvard School of Public Health Undergraduate Internship Programs
- National Institute of Standards and Technology SURF Program
- National Institute on Drug Abuse

**Fellowships**

A fellowship is typically awarded by an institution or organization that focuses on research, teaching, or training. Fellowships generally are designed to advance the applicant’s knowledge in a certain area or specialization. Applications for fellowships usually appear as early as September or October with deadlines occurring through February and March.

Sample of Fellowships & Training Programs:
UNDERGRADUATE RESEARCH AT UC SAN DIEGO
WHY SHOULD I DO RESEARCH?

- Get a stipend or college credit (199)
- Build a relationship with a mentor
- Gain hands-on experience
- Build your resume
- Exposure to undergrad research and community
- Travel to conferences
- Practice public speaking
- Network and meet influencers
GET INVOLVED WITH AEP

UNDERGRADUATE RESEARCH SCHOLARS

TRELS

FRESHMAN <45 UNITS

SOPHMORE 45-89 UNITS

JUNIOR 90-134 UNITS

SENIOR >135 UNITS
ACADEMIC YEAR PROGRAMS

Faculty Mentor Program (FMP)

• Independent study credit (199)
• Present at FMP Symposium & Undergraduate Research Conference
• Build a relationship with a mentor
• Minimum 2.7 GPA
• Junior or senior standing
• Commit 10 hours / week to research
• UC San Diego student Winter and Spring quarter
• Apply by January 31, 2020.

Triton Research & Experiential Learning Scholars (TRELS)

• $1,000 stipend
• Build a relationship with a mentor
• Gain experience presenting research and working in their field of interest
• Minimum 2.5 GPA
• Must be enrolled full-time in quarter applying for award

Applications for Spring 2020 TRELS award cycle will open soon and be due in mid-February
SUMMER PROGRAMS

Triton Research & Experiential Learning Scholars (TRELS)

- $5,000 stipend
- Build a relationship with a mentor
- Gain experience presenting research
- Minimum 2.5 GPA
- 10 week program
- Commit 30 hours/week to research
- Submit paper and/or final project

Applications open Spring 2020

UC Scholars

- $2,800 stipend & housing
- Independent study credit
- GRE prep course
- Build a relationship with a mentor
- Gain experience presenting research
- Minimum 2.8 GPA
- Letter of recommendation required
- 8 week program
- Commit 30 hours/week to research
- Junior or senior standing by the time the program begins

Application deadline: February 3, 2020
Undergraduate Research Scholarships

- $5,000 stipend
- Build a relationship with a mentor
- Gain experience presenting research and working in their field of interest
- Must submit a research proposal, personal statement, and a letter of recommendation
- 10 week program
- Commit 40 hours/week to research
- Full-time student enrolled in following school year

Applications open now! Deadline: February 3, 2020
UNDERGRADUATE RESEARCH SCHOLARSHIPS IN PUBLIC HEALTH

HIV Institute - Transgender/Gender Non-Binary Community Health Research

Health research related to the Transgender and Gender Non-Binary community. Preference may be given to members of the Trans/Gender Non-Binary community, but consideration is given to anyone passionate about conducting research in this area.

**Area of study:** Any health-related topic within the Trans/Gender Non-Binary community, particularly (though not limited to): access to medical care, community education, sexual health, and topics in HIV (epidemiology, transmission, pathogenesis, treatment, prevention, education).

Doris A. Howell Foundation Research Scholarship for Women’s Health

Research designed to improve women’s health. Preference is given to applications that study disease prevention in, for example, diabetes, obesity and cancer. Proposals may describe an approach to examine biological, medical, cultural, economic, behavioral, psychosocial, or cross-cultural influences.

**Area of study:** women's health

Julia Brown Research Scholarship for Health and Medical Professions

Students whose career objectives are in health care, medicine, medical research, pharmacy, pharmaceutical sciences, or public health. Preference may be given to students with extenuating circumstances or financial need, although this is not a requirement for consideration.

**Career Interest:** health care, medicine, medical research, pharmacy, pharmaceutical sciences, or public health career objectives
$15,000 award to support an innovative public service project

Eligibility requirements:

- Desire to make a difference in local, regional, national or international communities
- Have one or two years remaining until graduation
- Open to all citizenship statuses
- Full-time student
- GPA in the upper 1/3 of your class

Application Deadline: February 23, 2020

Required:

- A one-page resume & one-page personal essay
- A project proposal
- Two letters of recommendation (if working with a partner organization, an additional letter of support)
- A transcript
- An application summary
- To submit an application, fill out the general application, and apply to the NCS - Donald A. Strauss Scholarship for Public Service
- Nomination by campus representative
Join Our New AEP Newsletter!

AEP now has a newsletter where you can get information sent to you every week with undergraduate research opportunities.

Go to aep.ucsd.edu to subscribe!
AIP, UCDC, and UCCS for Health Majors

01.22.20
Academic Internship Program
An opportunity to gain professional experience and academic credit through an internship.

Overview:
- Upper-division, special studies course for Pass/No Pass credit
- Internship must be educationally relevant
- Perform research related to internship field

AIP Eligibility & Requirements
- AIP 197: 90 units completed, minimum 2.5 UC GPA
- AIP 97: 30 Units, minimum 3.0 GPA

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<tr>
<th>UNITS</th>
<th>HOURS/WEEK</th>
<th>PAPER/ PROJECT</th>
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<tr>
<td>2</td>
<td>5</td>
<td>5 pages</td>
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<td>4</td>
<td>10</td>
<td>10 pages</td>
</tr>
<tr>
<td>8</td>
<td>20</td>
<td>20 pages</td>
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</table>
Benefits of AIP

- Specialized internship counselors for every field
- Support from AIP counselors (resume, cover letter, interview)
- Academic credit that may fulfill graduation requirements
- Valuable professional experience
- Networking opportunities
- Career/interest exploration
- Personalized transcript notation
Current Internship Listings

- Age Well Intern - County of San Diego HHSA
- Rise for Health Intern - Sedentary Time and Aging Research
- Suicide Prevention Council Intern- Community Health Improvement Partners
- Community Engagement Intern- Arthritis Foundation
- Adult Day Health Care Intern - Neighborhood House
- Pre-professional Physical Therapy Intern - Perlman Rehabilitation Clinic
- Alcohol Policy Panel Intern - Institute for Public Strategies
- Public Health Research Study Intern - PEP4PA (UCSD)
AIP Key Features

- AIP can support you in all phases of the internship process - search, applications, interviews, and reflection.
- You can use AIP’s database (Internlink) or outside resources (REAL, Handshake). Internlink internships are pre-approved, but AIP will approve outside internships.
- Start Early - the process to enroll takes time.
- AIP counselors and Peer Advisors are always happy to meet with students.
Contact

Geisel Library, 1st Floor (West Wing)
aipinfo@ucsd.edu
aip.ucsd.edu

AIP Info Session
Friday, January 31
2:00-3:00pm

Teaching + Learning Commons
Geisel Library, 1st floor
Room 1503
UC Center Washington Program

- Live, intern, and learn in Washington, D.C.!
- Gain relevant professional experience
- Offered year-round and open to students in all majors.

"I wasn't just seeing what they were doing, I was also being a part of it." - Nitzana Alzalde
Health Related Internships in DC

- Consortium of Universities for Global Health
- U.S. Department of Health and Human Services
- Health & Medicine Council of Washington
- National Hispanic Medical Association
- Alliance for Health Policy … and more!
UCDC Contact

ucdc@ucsd.edu
aip.ucsd.edu/ucdc
Geisel Library, 1st Floor

WINTER QUARTER INFO SESSION

UCDC & UCCS
Live, work, and study in Washington D.C. or Sacramento for an academic quarter!

Date: January 22nd, 2020
Time: 4:00-5:00pm
Location: Red Shoe Room, Price Center
UC Center Sacramento (UCCS)

As a UCCS student, you will take classes, intern, and network in Sacramento for an entire quarter. Earn 14 UC Units and remain financial aid eligible! Housing is available.
UCCS Sample Internships

- Dept of Public Health
- Covered CA
- Health Access
- CA Medical Association
- CA Health Report
- Planned Parenthood of CA

... and more
UCCS Student Spotlight

STUDENT: Catherine Cortez
CAMPUS: UC San Diego
INTERNSHIP: First 5 California

INTERNSHIP HIGHLIGHT:
A highlight of my internship was attending the First 5 California Commission Meeting in Oakland. It was exciting to witness First 5's state and local representatives strategize as a team and share experiences from working with families and children in their local communities.

CAREER GOALS:
Moving forward, I aim to pursue a Masters of Public Health degree in epidemiology. My career goal is to study systemic influences on health and collaborate with others to improve the collective health of all Californians.
Extend Your Graduation & Study Abroad

Pros:
1. Take classes that aren’t offered at UC San Diego
2. Financial aid can be applied to academic bearing programs.
3. Scholarships!
4. Get practical experience that will enhance your professional school/medical school applications or your resume:

Cons:
1. You will still need to pay tuition/program fees.
EAP: Study Abroad Stand Outs

PUBLIC/GLOBAL HEALTH:

Thailand Public Health (Summer)
Dominican Republic Public Health (Summer)
Mexico Global Health (Summer)
Australia/Solomon Islands Community Health & The Environment (Spring)
The Netherlands Public Health and Pre-Med (Fall or Spring)

ENVIRONMENTAL:

Costa Rica Tropical Biology (Fall or Spring)
Chile Socio-Ecological Sustainability (Fall)
Australia Marine Biology & Terrestrial Ecology (Fall)
Singapore Biodiversity (Summer)

http://uc.eap.ucop.edu
Study Abroad: Beyond the Classroom

**RESEARCH:**

EAP Japan, EAP Hong Kong,  
EAP Sweden, EAP Taiwan

**INTERNSHIPS:**

EAP: Australia, Singapore, Denmark  
OAP: KEI/Thailand: Hospital Internship, UC Davis: Health

**FIELD STUDIES:** Wildlands, School for Field Studies, SEA Semester
# Global Health

Explore the strengths and limitations of diverse wellness systems, healthcare delivery models, and related healthcare policies.

- Argentina: Public Health in Urban Environments
- Chile: Public Health, Traditional Medicine, and Community Empowerment
- China: Community Health and Traditional Chinese Medicine (Summer)
- China: Health, Environment, and Traditional Chinese Medicine
- IHP: Health and Community: Globalization, Culture, and Care (Fall 1)
- IHP: Health and Community: Globalization, Culture, and Care (Fall 2)
- IHP: Health and Community: Globalization, Culture, and Care (Spring 1)
- IHP: Health and Community: Globalization, Culture, and Care (Spring 2)
- India: Public Health, Gender, and Community Action
- India: Traditional Medicine and Healthcare Practices (Summer)
- Jordan: Counseling and Humanitarian Action Internship (Summer)
- Jordan: Refugees, Health, and Humanitarian Action
- Kenya: Global Health and Human Rights
- Kenya: Public Health in the Tropics Internship (Summer)
- Madagascar: Traditional Medicine and Healthcare Systems (Summer)
- South Africa: Community Health and Social Policy
- Switzerland: Food Security and Nutrition (Summer)
- Switzerland: Global Health and Development Policy

[https://studyabroad.sit.edu](https://studyabroad.sit.edu)
Medical Practice & Policy

Engage in a unique pre-medical experience by learning from local medical doctors, focusing on diagnosis and treatment of common diseases and ailments.

https://disabroad.org
UCSD Global Seminars

5 week summer program with UC San Diego faculty:

Summer 2020:
Indigenous Health (Quito, Ecuador)
Psychopharmacology (Florence, Italy)
Social Cognition & Drugs (Barcelona, Spain)

Other UC Campus Faculty Led

UCLA: Global Health options (Peru or China)
Volunteer Abroad

1. Goabroad.com: searchable database of opportunities. Be sure to vet the organization by asking for alumni contact information.
Volunteer Abroad

Child Family Health International (CFHI)

CFHI’s 40+ programs in 11 countries connect students with local health professionals and community leaders transforming perspectives about self, global health, and healing.

https://www.cfhi.org
Volunteer Abroad
EARTHWATCH Institute

https://earthwatch.org
Peace Corps

https://www.peacecorps.gov
Thinking about going into the health care field: Why not take a course in Medical Spanish? Lots of programs available. Financial aid may not apply but many are low cost.
Teach or Work Abroad

Work visas available in Australia, Canada, New Zealand, and Ireland.

Teach abroad: Most opportunities are in Asia.
Contact Information

• Walk in advising available with a peer educator!
• Discipline, country and financial aid advising available!

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Questions?