



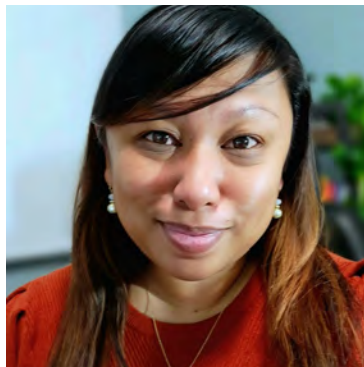
# PUBLIC HEALTH CAREER PANEL 2024



## **Amy Abrams, MSW/MPH - Chief Community Health Officer, Grossmont Healthcare District**

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Amy Abrams earned her bachelors degrees in Sociology and Women's Studies from UC San Diego, and then went on to receive a joint Master of Social Work and Master of Public Health degree from San Diego State University. She began her career in aging life care management, supporting older adults with chronic health conditions and their caregivers, and then directed the education and community outreach programs for a nonprofit dementia support organization. Amy joined the executive team of the Grossmont Healthcare District in 2022, where she leads the public agency's community health programs and partnerships, including the operations of a Health & Wellness Library, health communications and outreach, and a community grants program. She is nearing the completion of a Master of Library and Information Science degree, and is passionate about supporting health literacy in the communities she serves.



## **Kat Briggs, MPH - Chief, Agency Operations - Communication & Engagement, County of San Diego Behavioral Health Services**

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Ms. Briggs is a strengths-based and results-focused leader passionate about fostering health literacy and learning through strategic communication and collaboration. She currently oversees communication and engagement operations for the County of San Diego's Behavioral Health Services (BHS) Department as a Chief within the Health and Human Services Agency, or HHS. For over 12 years, she has worked in government health services administration to implement and support community-based health and wellness activities through Health Communication and Health Promotion. Prior to joining BHS in 2022, she oversaw the County's outreach and public messaging efforts for COVID-19, coordinated activities for County Board initiatives focused on Alzheimer's Disease and dementia-friendly practices, and designed and delivered programming for individuals of all ages. Before entering Public Health, she worked as a desktop publisher and print marketing and production consultant for over eight years. Originally a "U.S. Navy brat" from Ventura, CA, she now lives in Murrieta with her partner, Nathan, and 10-year-old corgi, Ahi.



## **Kevin Hsu, JD, MPH - Lead Public Health Analyst, U.S. Department of Health & Human Services, Health Resources & Services Administration**

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Kevin Hsu is a Lead Public Health Analyst for Policy in the Bureau of Primary Health Care (BPHC). He is responsible for interpreting and implementing policy for the Health Center Program. Health centers--also known as Federally Qualified Health Centers (FQHCs)--provide comprehensive, culturally competent, quality primary and preventative health care and enabling services to over 30 million patients in all 50 states and U.S. territories, regardless of an individual's ability to pay. Kevin leads and coordinates the analysis, development, and drafting of policy to improve compliance with Health Center Program requirements and to improve health equity. Prior to joining the federal civil service, Kevin was associate counsel at an advocacy and communications non-profit in New York, where he focused on civil rights and equity initiatives. He received a JD from Georgetown University Law Center, an MPH from Harvard School of Public Health, and a BA in Ethnic Studies and Political Science from UCSD.



## **Lauren Weiner, PhD - Director of Clinical Science, Ksana Health**

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Lauren is a clinical researcher and behavioral scientist with over 12 years of experience across industry, healthcare, and academic settings. She has a PhD in Public Health from the UCSD-SDSU Joint Doctoral Program in Public Health. Lauren is currently the Director of Clinical Science at Ksana Health, a behavioral healthcare technology company, where she builds and manages research partnerships, spearheads regulatory and reimbursement strategy, advises on the application of behavior change science to Ksana's digital health products. She also collaborates across the company to develop science-backed sales and marketing content and works with customers to support implementation of Ksana's digital behavior change platform into real world clinical settings. Prior to Ksana, Lauren was a Research Scientist at Twill (formerly Happify Health).