

# Student Perceptions Regarding the Effectiveness of **Resources Provided by UCSD**



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# **Objective**

· To assess the effectiveness of UCSD provided resources through undergraduate students' opinions toward housing concerns.



## **Background**

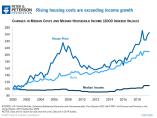


Figure 1. Rise in housing costs are becoming prevalent

- · Post-pandemic literature revealed COVID-19 exacerbated pre-existing housing and food insecurity amongst college students.
- With higher housing costs in the San Diego area, more students are struggling to find the proper resources to assist them with their living needs.
- Housing and food insecurity are social determinants of health that are confounding variables with a student's academic performance.
- · University-provided housing and basic needs resources should meet student foundational needs as well as be consistent in the case of situations such as pandemics.

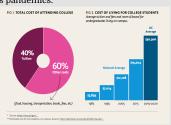


Figure 2. Dramatic increase of living costs for UC students from 2015 to the 2019-2020 school year.

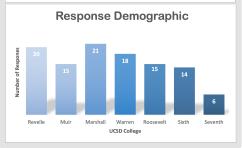
## Methodology

- · Qualitative and quantitative data allowed us to quantify perceptions of university assistance programs and obtain a numerical value of reference.
- Survey Questions we asked through the Qualtrics survey software:

01	"Are you aware of on campus assistance	02	"Are you aware of on campus assistance	03	"Are you aware of on campus assistance
resources such as the Triton Food Pantry and the Basic Needs Center (The Hub)?"		resources such as the Triton Food Pantry at the Old Student Center?"		resources such as Student Legal Services?"	
	"On a scale of 1-4, how much of an impact do you believe the pandemic had on ources for UCSD	housing for upcoming a year to be a	academic school	resources students?	"On a scale of 1-5, HOW EFFECTIVE do you think ovided housing are for their (effective = e and accessible)?"

- · Surveys were sent out through multiple UCSDassociated social media platforms (r/UCSD on Reddit and Official Class pages on Facebook) as well as classes within the Family Medicine and Public Health department.
- · The population surveyed was UCSD undergraduate students, ranging from first years to fourth years including transfer students. Total number of participants that answered the survey was 127.

# Response Demographic Senior Second-Year Third-Year Fourth-Yea Transfer Transfer Academic Standing

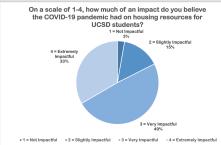


For all confidence intervals, results were calculated for the true proportion of students who were aware of each following resource:

- · "Are you aware of on campus assistance resources such as the Triton Food Pantry and the Basic Needs Center (The Hub)?" · CI 95%: 0.68-0.84
- "Are you aware of on campus assistance resources such as •the Triton Food Pantry at the Old Student Center?"
- · "Are you aware of on campus assistance resources such as Student Legal Services?"
  - CI 95%: 0.84-0.95

•CI 95%: 0.44-0.63

· As all confidence intervals do not include the value 1, we can conclude that there was a statistical significance in the data, indicating that of those students, most are not aware of the



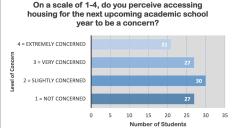
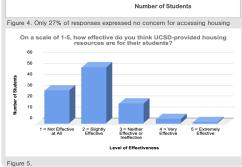


Figure 3. 49% responses believe the pandemic was very impactful for housing



### Conclusion

Q: On a scale of 1-4, how much of an impact do you believe the COVID- 19 pandemic had on housing resources for UCSD students	Housing Status	N = # of responses	Mean	Std. Dev
	On Campus	51	2.92	.796
	Off Campus	53	3.34	.678

### Independent Samples T-Test (Equal Variances)

- P-value = 0.002 < 0.05 = we reject the null hypothesis
- · Off campus students expressed a higher perceived impact on housing resources due to COVID-19 than on campus students
- More than half of students expressed a general concern about their access to housing for the next school year.
- UCSD students expressed similar perceptions of housing concerns and ineffectiveness of UCSD resources regardless of demographic, academic standing, and college



## **Policy Implications**

- The Basic Needs Hub and Student Legal Services provides resources that students may not be aware of
- · UCSD should increase accessibility to on campus housing, or provide more assistance to off campus students









### References

Glantsman O, McGarity-Palmer R, Swanson HL, Carroll JT, Zinter KE, Lancaster KM, Berardi L. Risk of food and housing insecurity among college students during the COVID-19 pandemic. J Community Psychol. 2022 Aug;50(6):2726-2745. doi: 10.1002/jcop.22853. Epub 2022 Apr 5. PMID: 35383949; PMCID: PMC9088266. Kornbluh, M., Wilking, J., Roll, S., & Donatello, R. (2022). Exploring housing insecurity in

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