Promotion of Online Social Distancing Activities for UCSD Students

Kyle Lee | Ysabelle Anzures | Daniel Davila | University of California, San Diego Department of Family Medicine and Public Health

SOCIAL DISTANCING ACTIVITIES

FMPH 194 Project by Kyle Lee, Ysabelle Anzures, and Daniel Davila.

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LIVE MUSIC & CONCERT
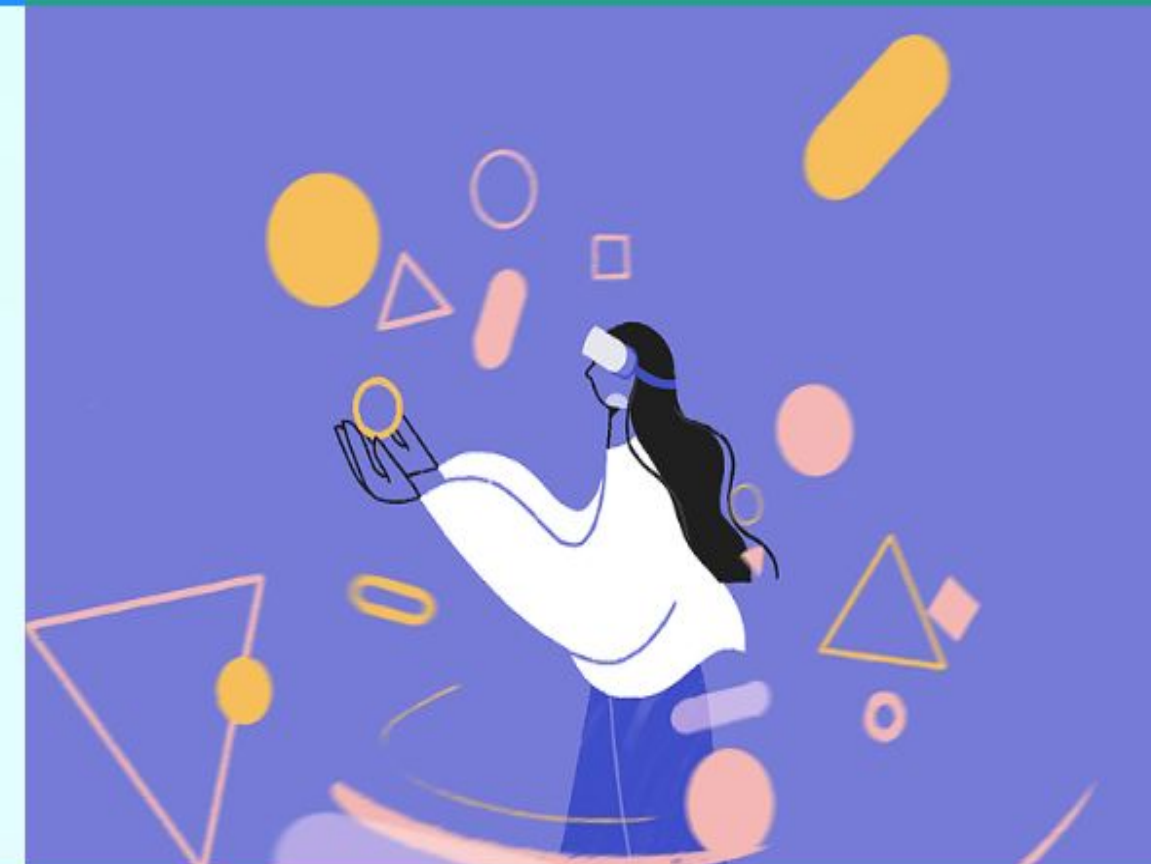Jam out with your favorite artists or bands as they perform live. And the best part is that all of it is free.

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VIRTUAL TOURS

With the current travel restrictions and stay-at-home order, traveling abroad is unfortunately not an option. However, that does not mean that you can't explore the world. Come along and venture out to a new country, visit museums, and immerse yourself in nature through virtual reality all at the comfort of your own home.

TRAVEL — Travel now
MUSEUM — Visit now
NATURE — Explore now
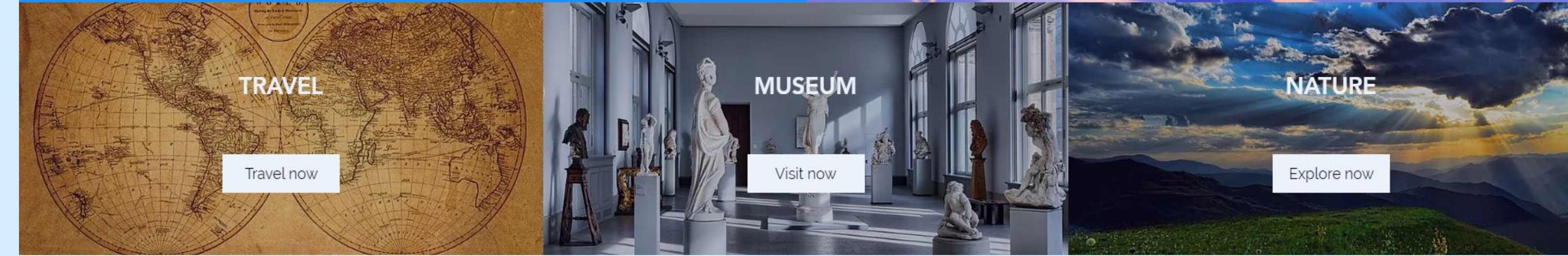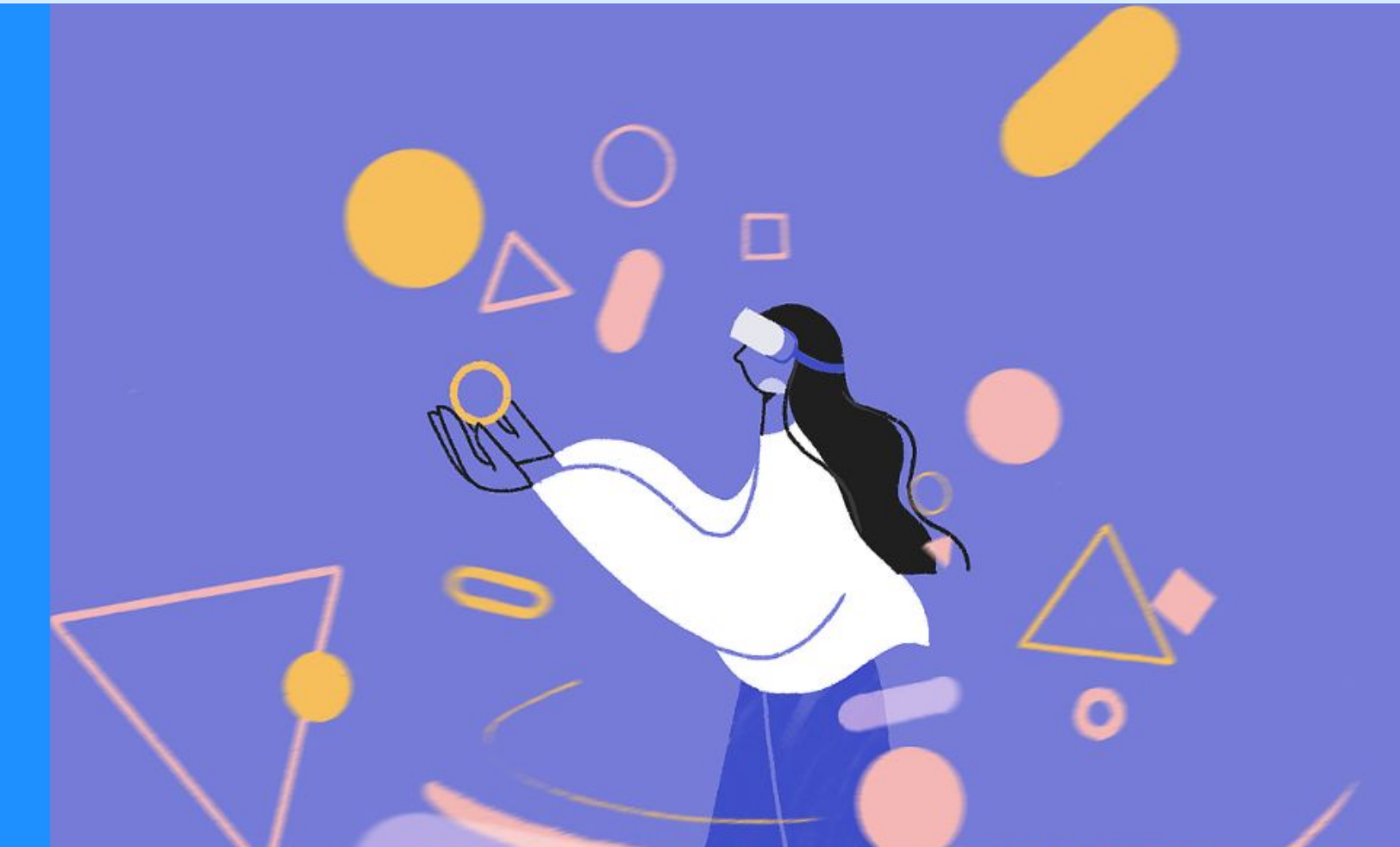
TRAVELS

BUCKINGHAM PALACE
Explore the official residence of The Queen of England and look around the grand rooms filled with history.

Travel now

GREAT WALL OF CHINA
View one of China's most famous landmark and marvel at the thousands of miles the wall stretches out through the northern provinces of China

Travel now

PROWALK TOURS
Enjoy the scenic walks through the city of Naples, Italy. Or explore the Sphinx in Egypt and hundreds of other cities throughout the world without spending a dime.

Travel now

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Experience the New Seven Wonders of the World through this interactive 360 video experience.

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SAMSUNG XR
Venture out to a new adventure in a new country through the lens of locals as they show its beauty and charm. Choose over a thousand videos to look around and soak in the view

Travel now

VISIT JAPAN
Explore the different and unique cities of Japan while riding a rickshaw in this 360 VR experience

Travel now

Background

USC reported a recent rise in online alcohol sales, suggesting that more people are participating in alcohol consumption as a result of coping with the stress of the shelter-in-place mandate and the pandemic (Polakovic, 2020).

Goals

This project aimed to provide resources to UCSD students who may be struggling to cope or find activities that do not involve consuming alcohol.

Methods

- Searched through Google, social media, and word of mouth of free to low-cost resources that were accessible to students.
- Used a website builder (Wix) to help organize the resources into categories and subcategories.
- Sent out the website to a few colleagues to beta test it and provide feedback.
- Edited and launched the website for the public to use.

Results

The website has been receiving positive feedback. As of June 3rd, 329 people have visited and browsed through the website.

Conclusion

The goal of the project was to help students find easy, fun, and non-alcoholic activities to participate during the pandemic. With the website's success and growing popularity, the project was able to reach a wide variety of students at home and hopefully crub the pressure or coping of drinking excessively.

Implication of Policy

By providing readily available resources through this website, we hope to keep people at home, so that they maintain social distancing.

Implication for Practice

Existence of a site that caters to the needs of those currently facing struggles would lower incidences of risky behavior among college students as well as provide interesting or unique alternatives that continue to distract or aid those in need.

References

Polakovic, G. (2020, April 15). Pandemic drives alcohol sales - and raises concerns about substance abuse. Retrieved from https://news.usc.edu/168549/covid-19-alcohol-sales-abuse-stress-relapse-usc-experts/.